Planning before a crisis preserves choices.

What I wish more families knew about helping aging parents.

The trust exists.

But no one can find it.

And now Mom's memory is declining.

The family is helping.

But no one has the authority to make decisions if Mom no longer can.

The house holds most of Mom's wealth.

Her children may see an inheritance.

Mom may need that equity to pay for her care.

The home was perfect at 60.

But will stairs, bathrooms and bedrooms still work at 85…or 90?

Everyone loves Mom.

That doesn't mean everyone will agree about what's best for her.

Care + money + a house + old family dynamics can be a difficult combination.

Nobody teaches adult children how to do this.

Bathing.

Continence care.

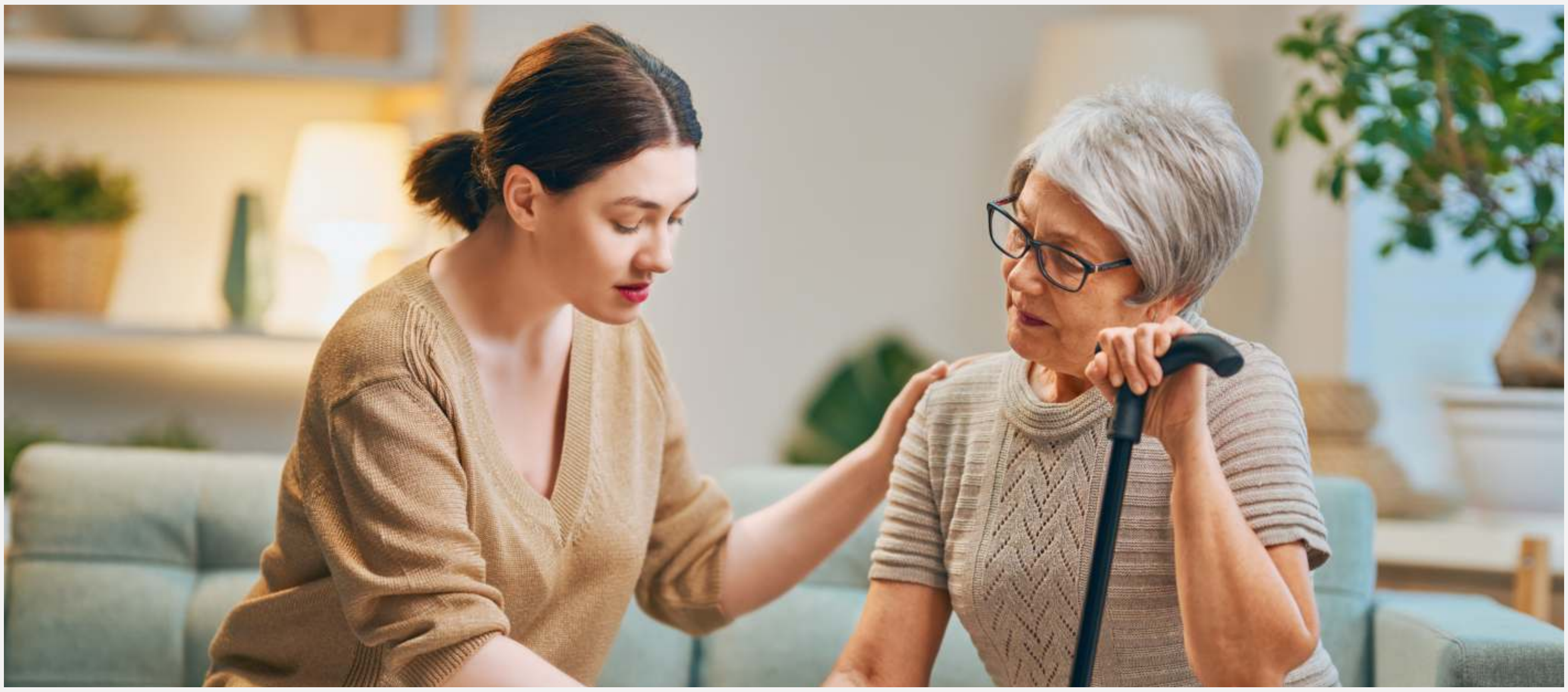
Housing.

Medications.

Finances.

Caregiving.

And deciding when Mom or Dad can no longer safely live alone.



Don't wait until every decision has become an emergency.

Have the conversations while your parents can still participate in them.

Know:

1. Where are the estate documents?
2. Who can legally step in?
3. What does Mom or Dad want?
4. Is the home safe for aging?
5. How would care be funded?
6. Who needs to be part of the conversation?

SAVE THIS LIST

You can't plan for everything.

But planning ahead can protect something incredibly important:

Choice.
Dignity.
Independence.
Family relationships.

Start the conversation before the crisis. I'm here to help.

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